



TERNA MEDICAL COLLEGE

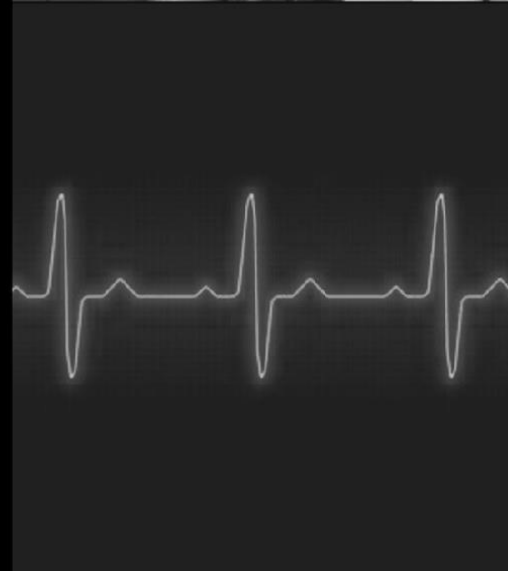
ACADEMIC AND RESEARCH
COUNCIL PRESENTS

HRIDAYA 2020

HEARTS THAT CARE, HANDS THAT
HEAL



6th - 9th March 2020



ABOUT HRIDAYA...

- Sincerity, wisdom and perseverance are the three main pillars of success. To inculcate these qualities in each one of us, we bring to you, "HRIDAYA", an ANNUAL NATIONAL MEDICAL CONFERENCE held by Terna Medical College and Hospital, Nerul, Navi Mumbai for U.G. students that lets them to explore their knowledge in the field of medical science.
- It is a state level conference that provides a platform to young and aspiring doctors to unleash positive aspects of their personality which often remain concealed in their daily routine.
- Various competitions are conducted here, helps to maintain a positive environment for the students which enable them excel in this field and brings about an all-round educational effectiveness.
- Workshops here are conducted to help the students to develop their skills in medicine which further promote them to become great doctors.
- Doctors from all over the state grace this event and promote learning using advanced technology and latest research material.
- HRIDAYA's success story is its testimony: academically brilliant, intellectually equipped, socially aware, psychologically mature, the budding doctors who are a part of this fraternity are examples of excellence.
- It is the best platform where students can reinvent themselves by discovering the best version of themselves.

OUR MISSION...

- Terna Medical College, Navi Mumbai affiliated to Maharashtra University of Health Science (MUHS), constantly strives in pursuit of Excellence and imparts the kind of education to the medical students that ultimately harness a passionate doctor out of every student.
- HRIDAYA, guided by a noble mission and a clear vision, is inspired by the motto “Hearts that care, Hands that heal”, that solely focuses on fostering compassion, respect, patience, empathy, solicitude in every aspiring doctor.
- This medical Conference organised by us offers creditable performance, committed training, honing of skills, manifestation of talents, nurturing of character and development of holistic personality.
- It emphasizes on moral, social, intellectual ethics, Respect for individuality and responsibility towards society.
- Education with a Difference is thus the vision of HRIDAYA.

THE HIGHLIGHTS OF THE CONFERENCE ARE:

- MEDICALSYMPOSIUM
- PANELDISCUSSION
- MEDICALQUIZ
- DEBATE
- POSTERPRESENTATION
- PAPERPRESENTATION
- GUEST LECTURES BYDOCTORS FROM ALL OVERINDIA
- WORKSHOPS
- ONLINEEVENTS

Doctors and students from all over Maharashtra come to attend our unique Medical Fest which aims at overall success of all medical practitioners and aspiring doctors.

MEDICAL SYMPOSIUM

Hridaya 2020 presents you 'Medical Symposium' an annual event which brings together undergraduate medical students from each college after detailed research to present a comprehensive update on relevant medical topics to the medical fraternity.

Rules and regulations:

- The team should strictly comprise only of undergraduate students.
- All participants are required to produce a valid college identity card at the time of confirming their registration.
- The topic for the presentation should be medically relevant based on any clinical, Para clinical, laboratory or community and allied subjects.
- Each team can comprise a maximum of 12 members.
- Each team can have a minimum of 4 members and a maximum of 6 speakers.
- The time allotted for each team is 30 minutes which includes 20 -25 minutes for presentation followed by 5 minutes of questions and answers session by the judges.
- The college identity should not be revealed throughout the competition.
- The judge's verdict shall be binding.

THE MEDICAL QUIZ

'SMARTINIS'

Qualities you need to get through medical school and residency:

Discipline, Patience and Perseverance. A willingness to forgo sleep. A penchant for sadomasochism. Ability to weather crises of faith and self-confidence. Accept exhaustion as fact of life. Addiction to caffeine a definite plus. Unfailing optimism that the end is in sight.

The doctor learns that if he gets ahead of the superstitions of his patients he is a ruined man; and the result is that he instinctively takes care not to get ahead of them. Let's test what we learned what we study how much we remember how much knowledge we have. What improvement needed to be doctors by knowledge not by just name. Preclinical quiz, your chance to test your knowledge. Form normal anatomy to abnormal pathology, Form biochemical pathways to life cycle of pathogenic organism, Form medical drug in clinical practice to medico-legal poison. Be prepared to tackle Anatomy, Physiology, biochemistry and Pathology, Microbiology, Forensic Medicine & Toxicology, Pharmacology in whole new way in HRIDAYASMARTINIS.

Syllabus:-All subject of first and second year.

DEBATE: 'PROCONZA'

(PROS vs CONS)

WAR OF WORDS

HRIDAYA 2020 presents you 'Proconza' a debate for medicos. A platform that grooms your personality.

Rules and Regulations

- Topic will be chosen on the spot from a list of previously giventopics.
- Number of members: 2 perteam.
- Total time is 25 minutes, including 5mins Question-Answer round byjudges.

PANEL DISCUSSION AMENTHYST

HRIDAYA 2020 presents you an unprecedented opportunity of an open panel discussion between students and teachers over a significant topic.

Rules and Regulation:

- Topics would be given to the panellist beforehand.
- Time allotted for the entire panel discussion would be 30 mins including the question answer round by audience.

POSTER PRESENTATION

HRIDAYA 2020 presents you the poster competition that will

bring your skillful blend of both pictorial representation and language in front of highly qualified crowd.

Show off all your good work!!!!

Rules and regulations:

- Only individual entries will be accepted.
- ID card is mandatory.
- The entries shall be accepted from student of all years.
- The entrants have to draw a poster with dimensions approx. 4×3ft horizontally and present it on the day of the competition.
- Presentation time shall be 5 minutes.
- 5 minutes shall be allotted for question answer round.
- The topics of the presentation should be within the scope of medicine and allied subjects, surgery and allied subjects, non-clinical and allied subjects.
- The judge's verdict shall be binding.

PAPER PRESENTATION

Here is the great opportunity for UG students to present research study topic related to medical Paramedical science which help them to find out the Advancement in the medical field.

Rules and regulations:

- ID card is mandatory.
- Decision of the judges will be final and will not be subjected to any further discussion.
- The topics of the presentation should be within the scope of medicine and allied subjects, surgery and allied subjects, non-clinical and allied subjects.
- Only individual entries are allowed.

Presentation time: 5 minutes.

- Format of presentation.
 - ✓ Title
 - ✓ Candidate name
 - ✓ Aims objective
 - ✓ Material & method
 - ✓ Result
 - ✓ Conclusion
- Candidates should present their presentation on given Time and date or else he/she will be disqualified.
- Presentation shall be strictly in MS office.
- The judge's verdict shall be binding.

ONLINE EVENTS

Education has no bounds!

Here we present an opportunity to the students to showcase their talents through internet, so they can participate in our fest sitting at their homes.

- ‘THE LOUD THOUGHT’ : Essay/Poem
- ‘FLAME&FUEL’ : Articlewriting
- ‘FLASH’ :Photography
- ‘ART IN MOTION’ : Infographic videomaking