

TERNA MEDICAL COLLEGE & SPECIALITY HOSPITAL
NERUL, NAVI MUMBAI
FOUNDATION COURSE SCHEDULE (I MBBS 2023-24 BATCH)
(3rd October 2023 to 15th June 2024)

Date Day	9 to 10	10 to 11	11 to 12	12 to 1	1 to 1.30	1.30 to 2.30	2.30 to 3.30	3.30 to 4.30	4.30 to 5.30	
03-Oct Tue	1A (FC 1.5)	1 A (FC 1.4)	1 (A) (FC 1.5)	1A (FC 1.5)	LUNCH BREAK	1 A (FC 1.5)		1 A (FC 1.5)	1 A (FC 1.5)	
	Deans Address	Rules and regulation of Institute	Introduction. of dept of Anatomy & Physiology	Introduction. of dept of Biochemistry & Community medicine		Antiragging and mentoring programme		Women grievances & redressal program	College campus visit	
	Introduction to Foundation course					Mr Vidyasagar	Antiragging committee: Dr Vandana	Dr. Archana Khandelwal	1st year faculty	
04-Oct Wed	1D (FC 1.2,1.7)	1 D (FC 1.6)	1 D (FC 1.2, 1.7)	1 D (FC 1.6)		1C (FC 1.10)	1 A (FC 1.5)		ECA	
	Curriculum	Curriculum	Curriculum	Curriculum		Role of Indian Medical Graduate	Skill Lab: Introduction & visit			
	Anatomy	Physiology	Biochemistry	Community medicine		Community Med dept	Dr. Chalak, Physiology Dept			Dr Shanu, Dr Fazila, Dr Shalini
05-Oct Thur	2 C (FC 2.3 to 2.6): SKILL: Universal precautions (UP)					2 C (FC 2.3 to 2.6): SKILL: Universal precautions (UP)				ECA
	(FC 2.3) Biosafety & univ precautions:		(FC 2.4) Biohazardous material:			(FC 2.5) Personal protection practices	(FC 2.6) Needle stick injury	assessment / feedback		
	Introduction		Handling & safe disposal			Dr Lini	Dr Hema	Microbiology/ICN Nurse		
06-Oct Fri	1 D (FC 1.6)		2 A (FC 2.2): SKILL: First Aids			2 A (FC 2.2): SKILL: First Aids				Sports
	Career pathways & opportunities		First Aids: Introduction lecture / Basics		Demo: injuries, lab accidents, environment & medical emergencies		assessment / feedback			
	Dr. Chalak, Physiology Dept		Surgery dept: Dr Anjana Ekka		Medicine Dept: Dr Venkatesh				Mr Thorbole	

07-Oct	2 B (FC 2.1) : SKILL: Basic Life Support (BLS)			
Sat	BLS : Basics & introduction	Cardiac & respiratory arrest	C-A-B algorithm	
	Dr. Anjali Otiv, Dr. Archana Mhatre, Dr. Madhusmita Nayak		Dr. Anjali Otiv, Dr. Archana Mhatre, Dr. Madhusmita Nayak	
21-Oct	2 E (FC 2.8): SKILL: Immunization			
Sst	Vaccine preventable diseases	Immunization against vaccine preventable diseases for health care professionals		
	Pediatric Dept: Dr Minakshi	Pediatric Dept: Dr C Koli		
04-Nov	1 E (FC 1.8)		1 E (FC 1.9)	
Sat	History of medicine, Alternate systems of medicine		Role of physician at various levels of health care	
	Medicine dept		Community Med: Dr. Shalini	
02-Dec	2 D (FC 2.7) SKILL: Biomedical waste management (BMWM)			
Sat	Introduction	Hazards of BMW	Types of BMW in health care	Segregation of BMW
	Microbiology dept: Dr Anila			
30-Dec	2F(2.9):SKILL: Medical documentation		4 I (4.10)	
Sat	Importance of documentation	Documentation protocols	Principles of family practice	
	Dr. Shibanand, Forensic Med		Community Med dept	

LUNCH BREAK

2 B (FC 2.1) : SKILL: Basic Life Support (BLS)		Sports
BLS:Practical training of the skill	assessment / feedback	
Dr. Anjali Otiv, Dr. Archana Mhatre, Dr. Madhusmita Nayak		Mr Thorbole
2 E (FC 2.8): SKILL: Immunization	4 I (4.11)	
National immunization protocols	assessment/ feedback	Role of Mentoring
		Ist year faculty (Batch of 10-11 students)
Pediatric Dept: Dr Minakshi	Mr Thorbole	
1 B (FC 1.1)		Sports
Role of doctors in society		
Medicine dept: Dr. Manisha		Mr Thorbole
2 D (FC 2.7) SKILL: BMWM		Sports
BMW:disposal and management protocols	assessment/ feedback	
Microbiology/ICN Nurse		Mr Thorbole
1A (FC 1.5)	ECA	
Sports ground visit		
Mr Thorbole	Dr Shanu, Dr Fazila, Dr Shalini	

06-Jan Sat	4 A (4.1)		4 J (4.15)	
	Consequences of Unprofessional & Unethical Behaviour		Group Dynamics	
	Dr. Shibanand, FMT		Faculty: MEU Unit	
20-Jan Sat	1A (FC 1.5)			
	Hospital visit & Lab visit, Library- E resources			
	Dr. Mitali / Dr Umesh/ Dr Sameer/ Dr Rahul, Mr Rule			
03-Feb Sat	3A (FC3.4)	3A (FC3.1)	3A (FC3.2)	3A (FC3.1-3.6)
	Principles of community health	National health: goals & policies	National health scenario	Community centre visit: instruction
	Faculty: Community Med Dept			
17-Feb Sat	3A (FC3.1-3.6)			
	Community centre visit		Comm. Module assessment	
	Faculty: Community Med Dept			
02-Mar Sat	4 G(4.7)	4 G(4.7)		
	Stress Management: Risk taking behaviour	Methods of stress management/ Art of Living		
	Psychiatry dept	Psychiatry dept/ Ms. Loveleen / Dr.Sushma Kale		

4 J (4.12)		ECA
Collaborative learning		
Faculty: MEU Unit		Dr Shanu, Dr Fazila, Dr Shalini
5 B, 5C FC (5.2 & 5.3) Lect/ Demo/ training	Sports	
Local (Marathi) & English language	Mr Thorbole	
Terna school language teacher	Mr Thorbole	
5 B, 5C FC (5.2 & 5.3) Lect/ Demo/ training	Sports	
Local (Marathi) & English language	Mr Thorbole	
Terna school language teacher	Mr Thorbole	
5D FC (5.4) Lecture/ Demo/ Training f.b. Assessment		
Microsoft Word		
Terna Engineering college faculty		
4 J (4.14)	ECA	Sports
SDL- I		
MEU Unit	Dr Shanu, Dr Fazila, Dr Shalini	Mr Thorbole

30-Mar Sat	4 G (4.8)		4 J (4.14)
	Yoga and meditation		SDL- II
	Dr Sushma Kale		Faculty: MEU Unit
06-Apr Sat	4 I (4.10)		4 D (4.3)
	Importance of interpersonal relationship in health care team		Interaction among health care workers & Patients
	Faculty: Community Med		Faculty: Community Med
20-Apr Sat	4 D (4.4)		4 F (4.6)
	Significance of working in health care team		Respect for Cultural Diversities
	Faculty: Community Med		Dr Deepa Kala/ TMC Bioethics unit
04-May Sat	4 A (4.1)	4 E (4.5)	
	Concept of Professionalism & Ethics	Human dignity and human rights approach to rights of persons with disability (Disability competencies)	
	TMC Bioethics unit	TMC Bioethics unit	
01-Jun Sat	4 G(4.7)		4 J (4.13)
	Time management		Pedagogy
	Psychiatry dept/ Ms. Loveleen / Dr.Sushma Kale		Faculty: MEU Unit
15-Jun Sat	5A (FC5.1): Lecture & group activity		4 J (4.14)
	Communication Skills		SDL- III
	Faculty: MEU Unit		Faculty: MEU Unit

LUNCH
BREAK

5 B, 5C FC (5.2 & 5.3) Lect/ Demo/ training	
Local (Marathi) & English language	
Terna school language teacher	
5D FC (5.4) Lecture/ Demo/ Training f.b. Assessment	
Microsoft Excel	
Terna Engineering college faculty	
5 B, 5C FC (5.2 & 5.3) Lect/ Demo/ training	
Local (Marathi) & English language	
Terna school language teacher	
5D FC (5.4) Lecture/ Demo/ Training f.b. Assessment	
Microsoft PPT	
Terna Engineering college faculty	
5 B, 5C FC (5.2 & 5.3) Lect/ Demo/ training	
Local (Marathi) & English language	
Terna school language teacher	
5D FC (5.4) Lecture/ Demo/ Training f.b. Assessment	
Microsoft PPT	Search Engines
Terna Engineering college faculty	

INDEX - FOUNDATION COURSE		
CODE	MODULE	HRS
1	ORIENTATION	30
2	SKILL	34
3	FIELD VISIT TO COMMUNITY HC	8
4	PROFESSIONAL DEV & ETHICS	40
5	LANGUAGE & COMPUTER SKILLS	32
6	SPORTS & EXTRA-CURRICULAR	16
TOTAL HRS		160

- 1 Venue for foundation course: Physiology lecture hall 2nd floor
- 2 All HODs are requested to give names of faculties from their respective departments for the scheduled classes.
- 3 Sports Incharge & sports campus visit - Mr. Thorbole
- 4 Extra curricular activities (ECA) to be coordinated by Dr Shanu, Dr Fazila, Dr Shalini
- 5 Library - Mr. Sanjay Rule
- 6 Mr Vidyasagar to kindly coordinate for Guest Speakers and Student's Transport Arrangements
- 7 On day 1, Tutors from each Preclinical Dept to accompany students
- 8 Foundation course Time table will be displayed on Terna Medical College website
- 9 Dr Lalita H Nikam, Physiology Dept will be the coordinator for this year Foundation Course
- 10 Roll Nos will be as per students name and sr no in admission process initially, till final roll nos are allotted.
- 11 All updates and suggestions to be put in Terna Teaching staff WhatsApp group.
- 12 All lectures to be prepared in PPT Format with Terna Logos