

TPCT'S
TERNA MEDICAL COLLEGE & SPECIALITY HOSPITAL
NERUL, NAVI MUMBAI
FOUNDATION COURSE SCHEDULE (I MBBS 2025-26 BATCH)
(08th Oct to 18th Oct 2025 & 27th Oct 2025)

Date Day	9 to 10	10 to 11	11 to 12	12 to 1	1 to 1.30	1.30 to 2.30	2.30 to 3.30	3.30 to 4.30	4.30 to 5.30
Day 1	Introduction	1A Introduction to institution/campus/facility			LUNCH BREAK	6-Extra curricular activity		1A Introduction to institution/campus/facility	
08.10.25	Dr. Smita Deshpande	Dr. Fazila 1.3- Dept of Comm. Medicine	Dr. Lalita Nikam 1.3- Dept of Physiology	Dr. Varsha Bhivte 1.3- Dept of Anatomy		Dr. Shanu Shrivastav Cultural committee		Dept. of Biochemistry 1.5- Campus orientation(College)	
Day 2	1A Introduction to institution/campus/ facility	1A Introduction to institution/campus/facility	1A Introduction to institution/campus/ facility	Institutional reserch & ICMR		1E- Principles of family practice	Health care system in India	Anti ragging and monitering program	6- Sports
09.10.25	1.4 Dr. Satish Vidyasagar	1.5- Dept of Biochemistry	Dr. Veena Rani 1.2 MEU Unit	1.3- IEC unit Dr. Bhakti Sarang		Dr. Shalini	Dr. Tejas	Dr. Vandana Nikumb Anti ragging committee	Mr. Thorbole
Day 3	1C- Histry of Medicine and alternate system			1D- IMG role & Carrier pathway		3.1 To 3.5- Dept of Community Medicine			
10.10.25	1.1- Dr. Parag Sharma			1.2 & 1.6- Dept of Surgery Dr. Bhakti Sarang		Curriculum Of Comm. Medicine Dr. Fazila 1.8 & 1.9 Dept of Comm. Medicine	2E- Immunization 2.8- Dept of Paediatric Dr. Sheetal	6-Extra curricular activity Dr. Shanu Shrivastav Cultural Committee	6- Sports Mr. Thorbole
Day 4	2A- BLS					2A - BLS		6- Role of Yoga	6- Sports
13.10.25	2.1 Dept of Anesthesia- Dr. Archana Mhatre & Dept of Paediatric Dr. Karuna					2.1 - Dept of Anesthesia & Dept of Paediatric Dr. Archana Mhatre & Dr. Karuna		Dr. Sushma Kale Cultural Committee	Mr. Thorbole
Day 5	2C- Universal precautions & 2D Waste Management			2C - Pandemic Module		Alumini Association	Divine Conscience Doctor	5B- Local language skill	6- Sports
14.10.25	Dr. Anila Prabil & Dr.Swati Gedam to 2.6- Dept Of Microbiology			2.3 Dept of Microbiology Dr. Hema		2.7- Dr. Mrunal Parab Dept of Surgery	Dr. Vaishnavanghri Sevak Das ISCKON	5.2- Terna School	Mr. Thorbole
Day 6	Principles of Community health	3A-National health goal and policies	3A-National health scinario	1D- Curriculum		1B- Role of doctors in the society		3B- Interactions with family and community	
15.10.25	3.1 To 3.5- Dept of Community Medicine			1.7- Dept of Biochemistry		Dr. Nikhil Verge 1.1- Dept of Medicine		Dr. Shalini, Dr. Pooja & All PGs	
	Dr. Vandana Nikumb	Dr. Kembhavi	Dr. Pooja	Dr. Smita Deshpande				3.6- Dept of Community Medicine	
Day 7	4A- Concept of Professionalism & ethics	4C- Professional and altruistic behaviour	4D- Working in health care team	4E- Disability competency		4E- Disability competency	5B- Local language skill	Mentor- Mentee Meet	

16.10.25	Dr. Ajay Patil 4.1- FMT	Dr. Ajay Patil 4.2 FMT	Dr. Archana Mhatre 4.3 & 4.4 Dept Of Anesthesia	4.5.1 To 4.5.8- Dr. Shlani Dept Of Paediatric	Dr. Shlani 4.5.1 To 4.5.8- Dept Of Paediatric	5.2- Terna School	Dr. Vandana Nikumb
Day 8	4G- Stress Management		4H- Time Management		1A Introduction to institution/campus/facility 1.5- Campus orientation(Hospital) Dr. Parag Sharma		3B- Interactions with family and community Dr. Shalini, Dr. Pooja & All PGs 3.6- Dept of Community Medicine
17.10.25	Dr. Snehal Thamke 4.7 & 4.8- Dept Of Psychiatry		Dr. Prakhar Jain 4.9- Dept Of Psychiatry		5A & 5D- Computer Skill		4F- Cultural competence Dr. Deepa Kala 4.6 -Cultural committee
Day 9	Prevention of sexual harassment	2F- Documentation	Collabrative learning- Group dynamic	4I-Importance of interpersonal relationship	1A Orientation of Library		
18.10.25	Dr. Archana Khandelwal Committee of prevention of sexual harassment	Dr. Ajay Patil 2.9- Dept Of FMT	Dr. Veena Rani Dept of Pharmacology	Dr. Snehal Khamke Dept Of Psychiatry	Mr. Rule		
20.10.25 To 26.10.25	WINTER VACATION				WINTER VACATION		
Daty 10	2B- First aids				6- Sports		Dean's adress aand white coat ceremony
27.10.25	Dr. Shiraz 2.2- Dept of Orthopaedic				Mr. Thorbole		

Total -80 hrs

General Instructions

- 1 Venue for foundation course: Physiology lecture hall 2nd floor - Lecture hall No. 2
- 2 All HODs are requested to ensure faculties from their respective departments for the scheduled classes.
- 3 Sports In-charge & sports campus visit-Mr. Thorbole
- 4 Extracurricular activities (ECA) to be coordinated by Dr. Shanu
- 5 Library-Mr.SanjayRule
- 6 Mr. Vidyasagar to kindly coordinate for Guest Speakers
- 7 Onday1, Tutors from each Preclinical Dept to accompany students
- 8 Foundation course Timetable will be displayed on Terna Medical College website
- 9 Dr.Smita deshpane , Biochemistry Dept will be the coordinator for this year Foundation Course
- 10 Roll Nos will be as per students name and sr. no. in admission process initially, till final roll nos are allotted.
- 11 All updates and suggestions to be put in Terna Teaching staff Whats App group.
- 12 All lectures to be prepared in PPT Format with Terna Logos
13. All the speakers should introduce yourself and their topic so that stuents can enter the same in the log book