

TERNA MEDICAL COLLEGE & SPECIALITY HOSPITAL NERUL, NAVI MUMBAI
FOUNDATION COURSE SCHEDULE (I MBBS 2026-27 BATCH)
(5th Oct to 16th Oct 2026)

Date Day	9 to 10	10 to 11	11 to 12	12 to 1	1 to 1.30	1.30 to 2.30	2.30 to 3.30	3.30 to 4.30	4.30 to 5.30
05.10.2026	1A- 1.4 Rules and regulations of the Institution	1A-1.5,1.7 Introduction to institution/campus/facility/MBBS curriculum			L U N C H B R E A K	1A-1.5,1.7 Introduction to institution/facility/	1A-1.5 Orientation to institution/Dept/ campus/facility		6-Extra curricular activity
	Physiology Mr. Satish Vidyasagar	Physiology Dr.Lailta Nikam	Anatomy Dr. Varsha Bhivate	Biochemistry Dr. Vinita Singh		Comm. Medicine Dr. Fazila Patankar	Preclinical dept		Cultural Committee Dr. Shanu Shrivastav
06.10.2026	1C-1.10 History of Medicine and alternate system		1D-1.2, 1.6 IMG role & Career pathways	4I-4.3, 4.10 Importance of interpersonal relationship		1B-1.8 Role of physician in health care system	2E-2.8 Immunization	5B- 5.2 Local language	6- Sports
	Skin Dr. Parag Sharma		Surgery Dr. Bhakti Sarang	Psychiatry Dr. Snehal Thamke		Comm Medicine Dr. Fazila	Paediatric Dr. Sheetal	Terna School	Mr. Thorbole
07.10.2026	4D- 4.4 Working in health care team	4E- 4.5 Disability competency	4F- 4.6 Cultural diversities & competence	4G-4.7 Divine Conscience Doctor		1B- 1.1 Role of doctors in the society		5D- 5.5 Computer skills to access online resources	6- Sports
	Anaesthesia Dr Archana Mhatre	Paediatric Dr. Shlani	Cultural Committee Dr. Deepa Kala	ISCKON Dr. Vaishnavanghri Sevak Das		Medicine Dr. Nikhil Varge		Terna Engineering College	Mr. Thorbole
08.10.2026	4G- 4.7 Stress Management		4H- 4.9 Time Management	4G-4.7 Suicide Prevention		3B- 3.6 5A-5.3 Interactions with family and community		Sports campus visit	
	Psychiatry Dr. Snehal Thamke		Psychiatry Dr. Prakhar Jain	Psychiatry Dr. Prakhar Jain		Dr. Shalini, Dr. Pooja & All PGs Dept. of Community Medicine		Mr. Thorbole	

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09.10.2026	3A-3.4 Basic Principles of Community health	3A-3.1 National health goal and policies	3A-3.2 National health scenario	3A-3.5 Community health center functioning	L U N C H B R E A K	4G 4.8 Role of yoga and meditation	6-Extra curricular activity		6- Sports
	Comm Medicine Dr. Kembhavi	Comm Medicine Dr. Kembhavi	Comm Medicine Dr. Pooja	Comm Medicine Dr. Pooja		Terna Yoga school Dr Sushma Kale	Cultural Committee Dr. Shanu Shrivastav		Mr. Thorbole
12.10.2026	2A- 2.1 BLS					2A- 2.2 BLS	5A- 5.4 Basic Computer skills		6- Sports
	Anaesthesia & Paediatric - Dr. Archana Mhatre & Dr.Karuna					Anaes & Paed - Dr. Archana Mhatre & Dr.Karuna	Terna Engineering College		Mr. Thorbole
13.10.2026	2B-2.2 First aid					1A 1.5 Orientation - Library		6-Extra curricular activity	6- Sports
	Orthopaedic Dr. Shiraz					Library committee Mr. Rule		Cultural Committee Dr. Shanu	Mr. Thorbole
14.10.2026	4J-4.12 Intro-Group learning and group dynamics	4A- 4.1 Professionalism and ethics - Institutional research & ICMR	4A-4.1, 4.2 Anti ragging and mentoring program	1E-1.9 Principles of family practice		3A-3.3 Health care systems in India	6-Extra curricular activity	6- Sports	
	MEU Unit Dr. Veena Rani	IEC unit Dr. Bhakti Sarang	Anti ragging committee	Comm. Med Dr. Shalini		Comm. Med. Dr. Tejas	Cultural Committee Dr. Shanu	Mr. Thorbole	
15.10.2026	2C- 2.3,2.6 Biosafety and Universal precautions, needle stick injuries	2D- 2.4,2.7 Biomedical Waste Management		2D-2.5 Pandemic Module		2F- 2.9 Proper method of Documentation	1A- 1.3 Alumini Association	5C- 5.3 English language training	6- Sports
	Microbiology Dr.Swati Gedam	Microbiology Dr.Swati Gedam		Microbiology Dr. Hema Shiral		Forensic Med Dr Phil Cherian	College Alumni	Terna School	Mr. Thorbole

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16.10.2026	4J-4.13,4,14,4.15 Pedagogy, self directed & Collaborative learning	4C 4.1 Prevention of sexual harassment	4A- 4.1 Concept of Professionalism & ethics	4C- 4.2, 4.3 Professional and altruistic behaviour	L U N C H B R E A K	3B- 3.6 5A-5.3 Interactions with family and community		4A-4.11 Role of mentoring Mentor- Mentee Meet	
	MEU unit Dr. Veena Rani	Dr. Archana Khandelwal Committee of prevention of sexual harassment	Forensic Med Dr Phil Cherian	Forensic Med Dr Phil Cherian		Comm. Medicine Dr. Shalini, Dr. Pooja & All PGs		Anti ragging committee	
19.10.2026		1A 1.4, 1.5 Dean's address, Rules and regulations of the Institution		1A 1.5 White coat ceremony					

Venue for foundation course: Physiology lecture hall (Lecture hall No. 2) 2nd floor Terna Medical College, Nerul, Navi Mumbai